What's happening at mealtime now?

Inclusive family style dining

- Children involved in mealtime
- Mealtime supplies
- Accommodations for the individual child's needs
- Adjusting level of support to help them serve themselves, pour drink, set table and
- Consideration of texture, flavor and presentation of food
- Sensory experiences with food
- Language around mealtime
- Considerations for allergies and medical needs
- Using mealtime as an opportunity for learning
- Sit with children and eat what they eat!