Strategies for a Successful Tele-Intervention Session

Before the Session:

- Consent forms signed (tele-intervention and recording, if applicable)
- Established relationship with family
- Test technology in the home
- Collect any materials (toys, food, books etc.)
- Consider lighting in the room

During the Session:

- Be flexible, creative, respectful, kind, non-judgmental
- Use props to model and engage
- Use caregiver coaching strategies
- Provide concrete and specific feedback
- Clearly summarize session highlights and goals for the coming week
- Confirm understanding

After the Session:

- Follow up email, similar to session summary or “parent note”

Other Considerations:

- Minimize disruptions by posting “do no disturb” signs
- Use private rooms or other minimally distracting spaces for privacy and quality
- Mute technology such as phones, computers and email notifications
- Have headphones handy to eliminate echo if needed
- Move away from direct lighting sources to eliminate glare, if possible
- Make sure to end the session and log out