Parent to Parent (P2P) Coordinators

STATE PARENT TO PARENT OFFICE

SUSAN ATKINS, State Coordinator
Washington State P2P Programs
2638 State Avenue NE, Olympia, WA 98506
VOICE: (425) 641-7504,
CELL: (425) 269-3267
Toll Free: (800) 821-5927
E-MAIL: parent2parentwa@gmail.com
SPONSORING AGENCY: The Arc of Washington State
website: www.arcwa.org
Facebook: https://www.facebook.com/parentto.parent.9

Parent Support Program Seattle Children’s
MARIA CERVANTES  
Family Support Specialist  
Family Support Services  
Seattle Children's  
OFFICE: 4800 Sand Point Way NE, Seattle, WA, 98105  
MAIL: M/S RB.7.420; PO Box 5371; Seattle, WA 98145-5005  
VOICE: (206) 987-1119  
FAX: (206) 987-2235  
E-MAIL: maria.cervantes@seattlechildrens.org  
Website: http://cshcn.org/support-connections/support-and-connection-for-families/ or http://www.seattlechildrens.org/

CENTRAL REGION

Chelan/Douglas Counties

ERIN KING-LUCE, Coordinator  
CYNTHIA ORTIZ, Hispanic Outreach Coordinator  
MIRIAM ACOSTA, Hispanic Outreach Co-coordinator  
23 South Wenatchee Avenue, Suite 203  
Wenatchee, WA 98801  
Program Activities: Support, information, Sibshops, newsletter, social activities, and referrals provided. Helping Parent trainings once per year.  
VOICE: (509) 630-2370 - Hispanic Outreach (509) 860-8961  
FAX: (509) 888-2378  
E-MAIL: erin@chelandouglasp2p.com, cynthia@chelandouglasp2p.com, miriam.a@chelandouglasp2p.com  
SPONSORING AGENCY: Chelan Douglas Developmental Disabilities  
Website: www.chelandouglasp2p.com  
Facebook: https://www.facebook.com/chelandouglasparent2parent/

Grant/Adams Counties

JENNIFER NEWHOUSE, Coordinator  
CHRISTI DIERINGER, Outreach Coordinator  
ANNA ALVAREZ, Hispanic Outreach Coordinator  
605 Coolidge Street  
Moses Lake, WA 98837  
Program Activities: Family Social Events, Mom’s Night Out, Café Chat, Weekly Parent Meetings, Home Equipment Loan Program, Lending Library, Quarterly Newsletter, Disability Awareness Training, Facebook Pages & Groups  
VOICE: (509) 764-7424, to reach Anna Alvarez: (509) 346-5523  
FAX: (509) 765-5838  
E-MAIL: jnewhouse@mlchc.org & cdieringer@mlchc.org  
SPONSORING AGENCY: Moses Lake Community Health  
Website: www.mlchc.org

Kittitas County
MICHELLE WILLIAMS, Coordinator
PO Box 837
111 East University Way
Ellensburg, WA 98926
Program Activities: Parent Support Meetings, Family Social Events, Newsletters, Workshops, Information and Referral
VOICE: (509) 929-7277
E-MAIL: kittitascountyparent2parent@gmail.com
SPONSORING AGENCY: Kittitas Valley Opportunities

Okanogan County
NO PROGRAM
FUNDING NOT AVAILABLE

Yakima County
TRACIE HOPPIS, Coordinator
AMY BERKHEIMER, Program Specialist
GLORIA URNESS, Program Specialist
LIZ CRUZ, Program Specialist
JOHN MAHANEY, Event Support
MARIA PULIDO, Hispanic Outreach
3801 Kern Road
Yakima, WA 98902
Program Activities: English and Spanish Parent Group, Hispanic Outreach, Sibshops, Recreational Program, Teen Club, Disability Awareness, Neonatal Intensive Care Unit Support Project, Newsletter, Autism Support Group, Family Social Events, New Diagnosis Support Group,
VOICE: (509) 574-3200
FAX: (509) 574-3210
E-MAIL: traciehoppis@yvmh.org, elizabethcruz@yvmh.org, amyberkheimer@yvmh.org, mariapulido@yvmh.org, GloriaUrness@yvmh.org
SPONSORING AGENCY: Virginia Mason Memorial
Website: https://www.yakimamemorial.org/

EAST REGION

Benton/Franklin Counties
MELISSA BROOKS, RN, Coordinator
MARIA VILLARREAL, Hispanic Outreach Coordinator
1455 Fowler Street
Richland, WA 99352
Program Activities: Parent Support group with Educational classes, Activities for families, quarterly newsletter with The Arc of Tri-Cities, Senior Caregiver Project, provide education and social activities for parents and youth.
VOICE: (509) 783-1131, ext. 108
FAX: (509) 735-7706
E-MAIL: p2p@arcoftricities.com & mariar@arcoftricities.com
SPONSORING AGENCY: The Arc of Tri-Cities
Spokane/Lincoln/Whitman Counties

SHELLEY GACUSANA, Coordinator
320 East 2nd Avenue
Spokane, WA 99202
Program Activities: Parent Support Group & Workshops, Parents 4 Life monthly meetings, Newsletter, Lending Library, Transition Support, Guardianship & IEP referrals, Annual Holiday Party & Summer Picnic, Annual Family Support Conference in the spring
VOICE: (509) 328-6326, ext. 8323
FAX: (509) 328-6342
E-MAIL: SGacusana@arc-spokane.org
SPONSORING AGENCY: The Arc of Spokane
Website: www.arc-spokane.org
Facebook: https://www.facebook.com/P2PTricities/

Stevens/Ferry/Pend Oreille Counties

NO PROGRAM
FUNDING ELIMINATED

Walla Walla/Columbia/Garfield/Asotin Counties

ANGIE WITT, Coordinator
YSABEL FUENTES, Hispanic Parent Outreach
PO Box 1918
Walla Walla, WA 99362
Program Activities: Support, information, newsletter and referral provided. Helping Parent trainings once per year.
VOICE: (509) 540-9880; to contact Ysabel, (509) 301-0679
FAX: N/A
E-MAIL: p2p@wwvdn.org & p2pespanol@wwvdn.org
SPONSORING AGENCY: Walla Walla Valley Disability Network-Cyndy Knight ED admin@wwvdn.org
Website: www.wwvdn.org
Facebook: https://www.facebook.com/WallaWallaParent2Parent/

NORTHWEST REGION

Island County

TIFFANY WHEELER-THOMPSON, Coordinator
PO Box 5000
Coupeville, WA 98239
Program Activities: Support, resources, networking opportunities and referral options, monthly newsletters and events, latest research, legislative activity and support group information, Sponsors or Co-Sponsors several support groups including Spanish all over Whidbey Island.
VOICE: (360) 632-7539
Skagit County

HEATHER MILLIREN, Coordinator, ext. 401
AMANDA SLOAN, Assistant Coordinator, ext. 403
FABIOLA SOLIS, Hispanic Outreach Specialist, ext. 414
320 Pacific Place
Mt. Vernon, WA 98273
Program Activities: Resources, lending library, (Autism, mothers, general, teens, support meetings Anacortes) educational workshops, recreational activities, annual Helping Parent Training, annual moms’ events, annual Buddy Walk, monthly Hispanic family event (support, education and/or social), and Spanish translation available.
VOICE: (360) 416-7570
FAX: (360) 416-7580
E-MAIL: p2p@sparckids.org Amanda@sparckids.org & Hispanicp2p@sparckids.org
SPONSORING AGENCY: SPARC
Website: www.p2pskagit.org
Facebook: https://www.facebook.com/SkagitP2P/

Snohomish County

JAMIE COONTS, Coordinator, ext. 104
ALAINA KUBE, Coordinator, ext. 111
MELY CERVANTES, Hispanic Outreach Coordinator, ext. 114
LYNNEA RIMANDO, Coordinator, ext. 106
2500 Hewitt Avenue, Suite 300
Everett, WA 98201
Program Activities: Helping Parent, Mothers Network, Fathers Network, Autism Support Group, English & Spanish Parent Groups, Monthly Parent Speaker Night, Lego Club, Family Activities, Sibshops, Special Education Speakers & Support, Caregiver Support Group, Weekly/Bi-weekly Arc Happenings e-mail Newsletter with events & resources, Website Calendar, Book & Video Lending Library
VOICE: (425) 258-2459
FAX: (425) 252-8232
E-MAIL: jamie@arcsno.org alaina@arcsno.org mely@arcsno.org & Lynnea@arcsno.org
SPONSORING AGENCY: The Arc of Snohomish County
Website: www.arcsno.org

Whatcom County

KARLENE UMBAUGH, Coordinator, ext. 302
MELISSA ABRAHAM, Parent Assistant ext. 3301
MARTA MEJIA, Latino Community Coordinator, ext. 308
2602 McLeod Road
Bellingham, WA  98225
VOICE: (360) 715-0170
FAX: (360) 715-8522
E-MAIL: karlene@p2pwhatcom.org  melissa@p2pwhatcom.org  info@p2pwhatcom.org  &  familia@p2pwhatcom.org
SPONSORING AGENCY: Arc of Whatcom County – Beverly Porter, ED  beverlyp@arcwhatcom.org
Website: www.p2pwhatcom.org
Facebook: https://www.facebook.com/ParenttoParentWhatcom/

PE NISU LL A  R E G ION

Clallam County (NEW)

SHAWNDA HICKS, Coordinator
PO Box 3081
Sequim, WA  98382
Program Activities: Parent support, seminars, social activities and information
VOICE: (360) 406-1215
E-MAIL: shawnda.mosaic@gmail.com
SPONSORING AGENCY: Clallam Mosaic; Priya Jayadev, Executive Director (360) 797-3602 priya.mosaic@gmail.com
Website: www.clallammosaic.org
Facebook: https://www.facebook.com/groups/750626038422099/

Grays Harbor/Pacific Counties

CHARLENE McCARTY- P2P/Sr. Parent Coordinator
523 West First Street
PO Box 1794
Aberdeen, WA  98520
Program Activities: Parent and Family emotional support and guidance in navigating our complex system, Informational Resource & Referral via phone, e-mail, Facebook and website. Quarterly newsletter and bi-monthly email bulletin. Educational workshops and presentations on schools I.E.P. (Individual Education Plan) and 504 plans, Transition Services, Guardianship, Wills and Trusts, and other topics. Life Skills and Social Events, Summer youth employment program. Annual Helping Parent Training.
VOICE: (360) 537-7000
FAX: (360) 537-8816
E-MAIL: charlenem@arcgh.org
SPONSORING AGENCY: The Arc of Grays Harbor
Website: www.arcgh.org
Facebook: https://www.facebook.com/groups/515908978594356/ and www.facebook.com/arcgh

Kitsap/Jefferson Counties

NAOMI EVANS, Coordinator
3243 North Perry Avenue
Bremerton, WA 98310
Thurston/Mason Counties

SYLVIA DAVENPORT, Coordinator
South Sound Parent to Parent
2108 Caton Way SW
Olympia, WA 98502
Program Activities: Spanish Language Line, Helping Parent, P2P Support Groups, Down Syndrome Support and activities, Mom to Mom, Sibshops, Family Activities, Annual Family Picnic, Buddy Walk, Infant/Toddler Early Intervention Program (ESIT), SPO Support, Transition/IEP Support, Angels and Butterflies Grief support, Toy/Equipment/Book lending program, Information and referral, website, monthly newsletter, Parent Education
VOICE: (360) 352-1126 (main line & Spanish Language Line),
Toll Free: (877) 352-1126
FAX: (360) 352-0761
E-MAIL: sdavenport@ssp2p.org
SPONSORING AGENCY: 501(C) 3 Parent to Parent of Thurston County
Website: www.ssp2p.org
Facebook: https://www.facebook.com/SSP2P/

PIERCE / KING REGION

King County

RACHEL NEMHAUSER, Coordinator
PATRICIA GONZALEZ, Coordinator for Latino & Spanish Speaking Families
233 6th Avenue North
Seattle, WA 98109
Program Activities: Parent Support groups, Information and referral, Email support and information groups, Parent education, family events in English, Spanish, & for African American families
VOICE: (206) 829-7053
SPANISH: (206) 829-7030
Contact info
Rachel Nemhouser: (206) 829-7046 or memhauser@arcofkingcounty.org
Patricia Gonzalez: (206) 829-7027 or pgonzalez@arcofkingcounty.org
Program Supervisor Robin Tatsuda: (206) 829-7011 or rtatsuda@arcofkingcounty.org
FAX: (206) 364-8140
SPONSORING AGENCY: The Arc of King County
Pierce County

MICHELE LEHOSKY, Coordinator ext. 104
DOREEN VANDERVORT, Co-Coordinator
6316 South 12th Street
Tacoma, WA 98465
Program Activities: Community Inclusion Program, List serve support, Information and Referral, Down Syndrome Support group, Mom’s Night Out, Person Centered Planning Workshops, Spanish Support Group, Conversations & Coffee, PURPAS Autism Group
VOICE: (253) 565-2266, Mon.-Fri. 1:00 – 4:30
V/TTY: (253) 565-2266 OR 1-800-5PARENT
FAX: (253) 566-8052
E-MAIL: MLehosky@wapave.org & dvandervort@wapave.org
SPONSORING AGENCY: PAVE
Website: http://wapave.org/
Facebook: https://www.facebook.com/washingtonpave/

SOUTHWEST REGION

Clark County

BOBBI BJORK, Coordinator
Spanish Helping Parent Support
PO Box 2608
Vancouver, WA 98668
Program Activities: Social Gatherings, Support Groups, Newsletter, Lending Library
VOICE: (360) 254-1562 ext. 105
FAX: (360) 759-4921
E-MAIL: Bobbib@arcswwa.org
SPONSORING AGENCY: The Arc of Southwest Washington
Website: www.arcswwa.org
Facebook: https://www.facebook.com/P2PofSWWA/

Cowlitz County

LACEY CAIRNS, Coordinator
906 New York Street
Longview, WA 98632
VOICE: (360) 425-5494
FAX: (360) 577-9137
**Klickitat County (NEW)**

**GAIL LAMPERS**, Coordinator  
9414 NE Fourth Plain Road  
Vancouver, WA 98662  
Program Activities: TBA  
VOICE: (509) 774-7472  
E-MAIL: KlickitatCountyP2P@gmail.com  
SPONSORING AGENCY: Parents Empowered And Communities Enhanced (PEACE); Darla Helt, Executive Director darlah@peacenw.org

**Lewis County**

**SARA PALM-SONS**, Coordinator  
PO Box 870  
203 West Reynolds Avenue  
Centralia, WA 98531  
Program Activities: Monthly parent support meetings, newsletter, resource & referral service, video & book lending library, Helping Parent Training, educational trainings and family events, Transition support, Sibshops, Community Education  
VOICE: (360) 520-9299  
FAX: (360) 330-1663  
E-MAIL: spalm@reliableenterprises.org  
SPONSORING AGENCY: Reliable Enterprises  
Website: www.reliableenterprises.org  
Facebook: https://www.facebook.com/lewiscountyparent2parent/?fref=ts

**The Arc of Washington State/Parent to Parent Administrative Assistant**

**Jackie Thomason**  
2638 State Avenue NE  
Olympia, WA 98506  
VOICE: (360) 357-5596 option 2  
TOLL-FREE: (888) 754-8798 option 2  
FAX: (360) 357-3279  
E-MAIL: info@arcwa.org