When children are young, the family environment is very important. That's why Strengthening Families emphasizes parents' protective factors as a pathway to children's well-being.

Youth Thrive Protective & Promotive Factors
- Youth Resilience
- Social Connections
- Concrete Support in Times of Need
- Knowledge of Adolescent Development
- Cognitive and Social-Emotional Competence in Youth

As children grow, their own sense of self and experiences in family, peer, school and community contexts are very important. Youth Thrive emphasizes protective and promotive factors as a pathway to well-being during adolescence and in the transition to adulthood.