# Family Coaching Checklist

<table>
<thead>
<tr>
<th>Date: ___________</th>
<th>Family Coach Code: ______________________</th>
<th>Child / Family Code: ______________________</th>
<th>Notes:</th>
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### All Families

1. I observed the parent and child interacting together in their typical or preferred daily routines and activities.

2. I focused the visit on child goals and parent concerns within the context of the family’s typical or preferred daily routines and activities with the family’s materials.

3. I used effective communication strategies when talking with the family. *For example (circle the strategies used and place a check in the appropriate box to the right):*
   - Let the caregiver lead
   - Used clarifying or validating statements
   - Used encouragement and positive feedback

4. I used the following strategies to elicit caregiver-child interactions. *For example (circle the strategies used and place a check in the appropriate box to the right):*
   - Interacted with the caregiver (not the child)
   - Observed and commented on interactions (both child and parent behaviors)
   - Handed materials to parents
   - Prompted the parent to respond to child

5. I asked questions to make suggestions and support the caregiver. *For example (circle the strategies used and place a check in the appropriate box to the right):*
   - Asked about the child’s behaviors, responses, and interests
   - Asked about when things work or don’t work for their child
   - Asked about the child’s cues or feelings

6. I provided homework or follow-up activities directly linked to the child’s goals and parent concerns that can be easily embedded into the family’s daily routines and activities.
7. I used the following practices when supporting the family. *For example (circle the strategies used and place a check in the appropriate box to the right):*
   - Engaged in joint planning with the caregiver to identify the focus of the visit
   - Ask the caregiver how things have been going
   - Directly intervened with the caregiver, not the child
   - Arranged for follow-up and support for between visit implementation of practices

8. I used evidence-based coaching strategies. *For example (circle the strategies used and place a check in the appropriate box to the right):*
   - Taught strategies that involved minor modifications to their daily routines
   - Encouraged and provided support for trying new skills
   - Used modeling (live, video, reflection about models)
   - Provided specific, performance-based feedback
   - Reflected on the practices with the caregiver, acknowledged the caregivers experiences

9. I focused the coaching on helping the family embed evidence-based practices for teaching new skills into daily routines and activities addressing the child’s goals. *For example (circle the strategies and place a check in the appropriate box to the right):*
   - Environmental arrangement techniques
   - Responsive Interaction strategies
   - Incidental teaching
   - Self-regulation strategies
   - Time delay
   - Response prompting (most to least / least to most)
   - Other: __________________________

10. I focused the coaching on helping the family embed evidence-based practices for preventing challenging behaviors into daily routines and activities addressing the child’s goals. *For example (circle the strategies and place a check in the appropriate box to the right):*
    - Visual supports
    - Safety signals
    - Positive Caregiving Practices
    - Other: __________________________

11. I observed and collected child and caregiver progress monitoring data (DBR) at each home visit.

**Additional Coaching Strategies for Families with a Behavior Support Plan**

12. I checked in with the family about their behavior plan progress monitoring tools and strategies.
13. I spent time discussing and coaching the caregiver on the use of prevention strategies.
14. I spent time discussing and coaching the caregiver on the use of teaching strategies.
15. I spent time discussing and coaching the caregiver on the use of response strategies.