Filming Interactions to Nurture Development (FIND) in Child Care Settings

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Learning Objectives

• Explain the 5 FIND elements to Serve and Return interactions
• Practice identifying the FIND elements in video clips
• Explore FIND through Q&A with a coach and consultant

FIND DEL Project

A statewide implementation and evaluation in child care settings
The Case for Additional Quality Supports for Infant-Toddler Child Care Providers

**Early Achievers**
- Classroom Data Collection
- Workforce Data Collection

**What the data tells us**
- Infants and toddlers in licensed child care
- Infant-Toddler workforce characteristics
- Infant-Toddler classroom quality

**Multidisciplinary Infant Toddler Consultation**

- Early Childhood Mental Health Consultation
- Early Learning Consultation
- Health Consultation
- Filming Interactions to Nurture Development
- Early Learning Coaching
- Infant Toddler Consultation
- Early Learning Coaching
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**The FIND DEL Project in Action**

- Regional Specialized FIND coaches
- Relationship building is a primary activity
- Coaches engage caregivers in Filming and Coaching sessions
- Caregivers are supported in promoting warm, responsive interactions

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**Who Might Benefit**

The FIND program has been designed to:

- Promote attentive, responsive interactions
- Reduce caregiver or teacher stress
- Increase caregiver or teacher sense of competence
Overview of FIND Program

Filming Interactions to Nurture Development (FIND)

- FIND is a video coaching program for caregivers of children ages 0-4
- FIND utilizes video to reinforce and strengthen naturally occurring, developmentally supportive interactions between young children and the adults who care for them

FIND Development

Brain Science (CDCHU)  
Micro Social Analysis (OSLC)  
Childhood Developmental Center (CDCHU)  
FIND Development

Marte Meo
**FIND Program**

- Caregiver is filmed in a classroom or home setting for 10-15 minutes
- The film is edited using micro-social analysis
- Caregiver participates in a coaching session to review clips of the film
- Ten sessions, alternating between filming and coaching
- FIND team includes three roles: Coach, Editor and Consultant

**Serve & Return**

- Builds connections in the brain and is key to healthy development
  - Particularly emotional and thinking skills
- Strengthens relationship and connection between caregiver and child
  - I see you, I hear you, I care for you
- Helps children learn to manage emotions and behavior

**Benefits of Serve & Return**
Five FIND Elements

1. Sharing the Child's Focus
2. Supporting & Encouraging
3. Naming
4. Back and Forth
5. Endings and Beginnings

Sharing the Child's Focus

Caregivers *Share the Child's Focus* when they notice what a child is interested in, and put their attention there as well.

Supporting & Encouraging

After noticing a child's serve, caregivers can return that serve by providing *Support and Encouragement*. 
Naming

Naming is another way a caregiver can return a child’s serve. Naming means that the caregiver provides a label for what the child is seeing, doing, or feeling.

Back and Forth

After a child has served and the caregiver noticed and returned the serve, the interaction continues. The interaction goes Back and Forth between child and adult, with the adult waiting for the child’s further initiations.

Endings and Beginnings

An Ending and Beginning happens when a child signals that they are done with one activity and ready to move onto something else and the caregiver follows the child’s interest.
FIND Coaching

Coaching Session Structure

1. Review Previous Elements
2. Review Child Care Notes
3. Introduce the New Element (including Examples and Benefits)
4. Film Review
5. Discussion
6. Provide Summary Sheet
7. Provide Child Care Notes

Practice identifying FIND elements
Mystery Clips & Unedited Film

Reflections on Coaching in Child Care Settings

Future Considerations/Questions

- How best do we share FIND concepts with the parents of children in a classroom receiving FIND coaching?
- Do you think Serve & Return and FIND concepts are applicable across cultures? What might need to be changed or adjusted?
- How would you apply the concepts of FIND within your work setting and/or life?
- Who do you think would benefit most from FIND and the underlying concepts?
Q&A with...

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Thank you!