AFFECT
Central to all learning!

Affective reciprocity allows children to find meaning and symbolize experience

Affect is….

- The sensation that conveys to others the emotional tone and intent in an interaction

Affect is….

Affect is a physical change that occurs in the face of arousing stimuli.
- Affect has a physiological root
  - The relationship between sensory and emotional regulation both have a physiological core.

(Foley 2012)
Affect comes from a variety of avenues from each and every individual...

- It is the **tone of voice**
- The **gesture** that you use
- The **rhythm and pacing** of your voice and action
- The **sigh** that conveys frustration
- The **jump** or squeal that conveys “joy”, “fear”, “surprise”, “excitement”.....

How Does This Video Clip Affect You?

Let's View it Again.......
Regulation of Behavior - Do the 4 A’s embrace all?

When interacting the most important thing is to have “natural” affect that genuinely reflects the moment in time.

- Affect conveys the intent to interact with another person and the desire to sustain relationships.
- Affect enables one to reflect on actions -your own or that of others.
- Affect enables one to connect thoughts and ideas and to share them with others.
- Affect enables one to convey to others how their actions impact the individual.

Regulation of Behavior - Balance of Self & Co-regulation

When affect is tailored to the child’s individual processing we creating learning interactions and thereby enable child to progressively master the Functional Developmental Levels.
AFFECT, FEELING, EMOTION ARE RELATED
BUT DIFFERENT & THEY ARE AN EXPANDING CIRCLE.

– Affect is a physical change that occurs in the face of arousing stimuli. Physiological root, one of the rationales – The relationship between sensory and emotional regulation both have a physiological core.

– Feeling is when the physiological response becomes aware in consciousness, and we have a subjective experience of a mood and a particular state.

– Emotion is the broadest concept as we have the physiological response, we have the trigger of awareness in consciousness and then we have the association of past experiences and memories.

One builds on the other
In DIR Affect is the glue that holds the pieces of development together.

Foley, 2012

SOCIAL RELATEDNESS AND AFFECT

Social relatedness:
  • Reciprocity
  • Anticipation

Affect cueing system:
  • The ability to express, through subtle vocal and motor acts, what ones intentions are, and simultaneously to read the vocal and motor cues given by the other as to his/her state and intentionality
  • Social referencing
  • Joint attention

REFERENCES: Mirror Neurons (Rizzolatti), Immaturity of Cell development in Limbic System and Cerebellum (Bauman); Joint Attention (Mundy, Dawson, Courschasne)
DHRUV & DAD.....
PACING, AFFECT TO LEAD TO ACTION

DHRUV & MUM
PACING, HANDLING, CELEBRATIONS...

Summer Camp –
Deepening the Emotional Themes