



Developmental Disabilities Administration (DDA)
 Region 2 - Island County
 Eligibility: (425)977-6520
 General Info: (800) 788-2053
 Email: DDA2IETEAM@dshs.wa.gov
DSHS Island County Customer Service Office (CSO)
 Oak Harbor (877)501-2233

County Developmental Disabilities
 Mike Etzell (360)678-7883

Supplemental Social Security (SSI)
 (800)772-1213 possible long hold times

Island County Autism Resource Website for Families
<https://www.pilotace.org/>

Child Find & Special Education

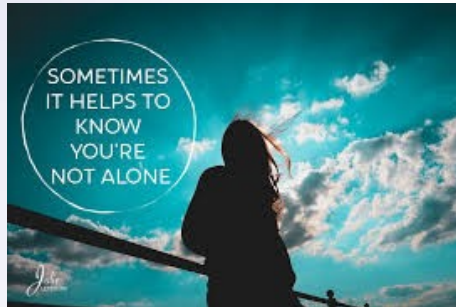
Birth-3 Early Intervention: Toddler Learning Center-Whidbey
 (360)679-1039

Sherwood Community Services Camano (425)334-4071 xt 128

School Districts: Special Ed Dept
Oak Harbor SD (360)279-5073
Coupeville SD (360)678-2420
Sou Whidbey SD (360)221-6808 xt2206
Stanwood/Camano SD (360)629-1236

Office of Superintendent of Public Instruction (OSPI) Special Education
 (360)725-6000

Parent to Parent is Here for You!



Island County Parent to Parent presented by **Island County Developmental Disabilities and Island County Human Services**

Tiffany Wheeler-Thompson
 PO Box 5000 Coupeville, WA 98239
 (360)632-7539 (Call or Text)
 Email: t.wheeler-thompson@islandcountywa.gov



Like us on Facebook for the latest information and events in Island

County and our region.

Check out our website for our Island County Disability Resource Guide and Archived Newsletters. <https://www.islandcountywa.gov/Humanservices/Pages/Parent-to-Parent.aspx>

Island County Parent to Parent



Support, Resources, Information, Trainings & Family Connections

Mission

We walk alongside those parenting children with developmental disabilities and/or special health care needs, connecting them with peer support and information so they can take the next step.

"A Hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles"

Vision

All families of children with developmental disabilities and/or special health care needs deserve encouragement, inclusion and meaningful connections that support family well-being.

Parent to Parent Services

No Cost Services:

- Support
- Resources
- Newsletters
- Support Meetings
- Educational Workshops
- Social/Recreational Events
- Presentations in our Community
- Island County Disability/Special Needs Resource Guide Available.

Call/Text Tiffany (360)632-7539 for your free copy or find it on our website <https://www.islandcountywa.gov/Humanservices/Pages/Parent-to-Parent.aspx>

How Can Parent to Parent Help You?

Parent to Parent offers community resources, support in a variety of different ways, help navigating systems and connections with other families with special needs. All ages, and stages. From learning your child has a disability through the adult years, the journey takes many different turns and twists.

Parent to Parent is a nationwide organization that began here in Washington State. Parents have many questions and concerns in coping with their child's needs and their own feelings. Personal



support from another parent, who has a child with similar needs, can be helpful in coping with these challenging experiences and feelings. Helping Parents (volunteer peer mentors) are available to provide support and information.

I am a stranger to you now, let me walk with you for awhile. Because I have been where you are, and where you are about to go. I have no answers. I offer instead my hand, my heart, my listening ear, my time, and my experience.... So that one day, you can to turn to another and say:

I am a stranger to you now...."

By Alice, New Hampshire Parent Parents Helping Parents.



Many Are Virtual At This Time

Coffee & Conversations

Casual **Virtual** gatherings offered Daytime & Nighttime on the **2nd Wednesday of the month.** 11am-Noon and 6-7:00pm. Call/text/email Tiffany with questions and to receive the Zoom link for the meetings. **(360)632-7539**

Virtual Office Hours

Every Monday 11am-noon our Zoom will be open and you can pop in, ask questions, find a resource, support and more. To receive the Zoom link, send an email to Parent to Parent **PAMI Padres Apoyando Motivando Informando**

Grupo de apoyo en Español para familias de niños con necesidades especiales. **Primer Martes** de cada mes. Laiza **(787)529-6788**

People First

Adults with disabilities that want to meet others with disabilities, build friendships, and promote inclusion in their community. Contact Call/text for more info **(360)720-4918.**

Heritage Adventurers

A friendship group for 18 and over on Whidbey Island meets for outings and events Sue Andrew at **(360)321-5748**

Flying Fingers

Deaf and Hard of Hearing Social. Contact Susan for more details. **(360)221-0383**

Easiest way to connect to Parent to Parent and/or other families is through our Events, Coffee & Conversations & Facebook Page.
<https://www.facebook.com/islandcountyparent2parent>